

Flance Menu

by Chef Leroy

DECEMBER 18 - DECEMBER 22, 2023

MONDAY

Breakfast

Oatmeal
WG Raisin Bread
Apples (*)

Lunch

Chicken & WG Rice
Cheddar Corn Cakes
Broccoli (*)
Oranges

Snack

WG Goldfish Crackers

TUESDAY

Breakfast

Turkey Sausage
WG Biscuits
Peaches (*)

Lunch

Cheese Burger on WG Bun
Peas & Carrots (*)
WG Egg Noodles
Peaches (C)

Snack

Orange Slices

WEDNESDAY

Breakfast

Cheese Omelet
WG Toast
Mixed Fruit (*C)

Lunch

WG BBQ Chicken Pizza
Potato Tots
Carrots (*)
Pears

Snack

WG Graham Crackers

THURSDAY

Breakfast

Beef Hash
WG Toast
Diced Peaches (*)

Lunch

Vegetable Soup
WG Grill Cheese
Mixed Vegetables (*)
Fruit Cocktail (C)

Snack

Orange Slices

FRIDAY

Breakfast

WG Toasted Oats
Pears (*C)

Lunch

WG Chicken Nuggets
Roasted Potatoes
Green Beans (*)
Apples

Snack

WG Bug Bites

DECEMBER 25 - DECEMBER 29, 2023

MONDAY

TUESDAY



WEDNESDAY

THURSDAY

FRIDAY

WINTER
BREAK
NO SCHOOL!

1. Milk and Milk Alternatives served with all meals and snacks 2. Menu Subject to change according to availability 3. Fresh Produce From Flance Garden will be substituted as available.
4. Veggie option available with all meals 5. (B) = Fresh Baby Food 6. (*) = Fresh Baby Food & Big Kid Food Option 7. Homemade (HM) 8. Fresh(~) 9.Canned(C)

Flance Menu

by Chef Leroy

JANUARY 1 - JANUARY 5, 2023

MONDAY



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Breakfast

WG Oatmeal
Apples (*)

Lunch

Roasted Chicken
WG Roll
Brown Rice
Mixed Vegetables (*)
Pears (C)

Snack

WG Graham Crackers

Breakfast

WG French Toast
Mixed Fruit (*)

Lunch

Pasta W/Meat Sauce
WG Bread Sticks
Green Beans (*)
Apples

Snack

Orange Slices

Breakfast

WG Rice Chex
Orange Slices
Apple Sauce (B)

Lunch

Chicken Tenders WG
Egg Noodles
Broccoli
Peaches
Peas (*)

Snack

WG Goldfish Crackers

JANUARY 8 - JANUARY 12, 2023

MONDAY

Breakfast

Hash Browns & Sausage
WG Toast
Peaches (*)

Lunch

BBQ Turkey Burger WG Bun
Home Fries
Sweet Peas
Apples
Peas (B)

Snack

WG Bug Bites

TUESDAY

Breakfast

WG Toasted Oats
Pears (*)

Lunch

Beef Vegetable Soup
WG Cheddar Biscuits
Broccoli
Peaches
Spinach (B)

Snack

Apple Slices

WEDNESDAY

Breakfast

WG French Toast Sticks
Mixed Fruit (*)

Lunch

Meatballs
WG Egg Noodles
WG Rolls
Carrots (*)
Pears

Snack

WG Goldfish Crackers

THURSDAY

Breakfast

WG Pancakes
Eggs
Pears (*)

Lunch

Chicken & WG Brown Rice
WG Pita Bread
Mixed Vegetables (*)
Oranges

Snack

WG Crackers

FRIDAY

Breakfast

WG Brain Flakes
Diced Pineapples
Apple Sauce (B)

Lunch

WG Three Cheese Pizza
Potato Tots
Roasted Vegetables (*)
Fruit Cocktail (C)

Snack

WG Goldfish Crackers

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4. Veggie option available with all meals 5. (B) = Fresh Baby Food 6. (*) = Fresh Baby Food & Big Kid Food Option 7. Homemade (HM) 8. Fresh(~) 9.Canned(C)