

Flance Menu

by Chef Leroy

MAY 6 - MAY 10, 2024

MONDAY

Breakfast
WG Pancakes
Pears (*)

Lunch
Cheeseburger on WG Bun
Fries
Peas & Carrots (*)
Pears (*)

Snack
Wheat Crackers

TUESDAY

Breakfast
WG Corn Flakes
Bananas (*)

Lunch
WG Cheese Pizza
Potato Tots
Corn
Apple Sauce
Cream Corn (B)

Snack
Fresh Fruit

WEDNESDAY

Breakfast
Sausage
WG Biscuits
Roasted Apples (*)

Lunch
Chicken
Spaghetti
WG Roll
Orange Slices
Broccoli (*)

Snack
Bug Bites

THURSDAY

Breakfast
Cheese eggs
WG Toast
Peaches
Applesauce (B)

Lunch
Beef Patty
Noodles
WG Rolls
Peaches
Carrots (*)

Snack
Oranges

FRIDAY

Breakfast
WG Toasted Oats
Oranges
Pears (B)

Lunch
WG Chicken Salad Wrap
Tomato Cucumber Salad
Apples
Green Beans (*)

Snack
Corn Muffins

MAY 13 - MAY 17, 2024

MONDAY

Breakfast
WG Toasted Oats
Peaches (*)

Lunch
Roast Beef & Cheese
WG Bun
Mandarin Oranges
Zucchini (*)

Snack
Applesauce Cups

TUESDAY

Breakfast
Turkey Sausage & Potatoes
WG Toast
Pears (*)

Lunch
Chicken Quesadilla
WG Brown Rice
Broccoli
Diced Pears (*)
Mixed Vegetables (B)

Snack
Cinnamon Grahams

WEDNESDAY

Breakfast
Eggs
WG Biscuits
Peaches (*)

Lunch
Meatballs
WG Noodles
Green Beans
Bananas (*)

Snack
Oranges

THURSDAY

Breakfast
WG Rice Chex
Apples (B)

Lunch
Baked Chicken
WG Roll
Carrots (*)
Sliced Watermelon

Snack
Graham Crackers

FRIDAY

Breakfast
WG Raisin Toast
Eggs
Melon Slices
Mixed Fruit (B)

Lunch
Sloppy Joe on WG Bun
French Fries
Cantaloupe Slices
Mixed Vegetables (*)

Snack
Pears

1. Milk and Water served with all meals and snacks 2. Menu Subject to change according to availability 3. Fresh Produce From Flance Garden will be substituted as available.
4. Veggie option available with all meals 5. (B) = Fresh Baby Food 6. (*) = Fresh Baby Food & Big Kid Food Option 7. Homemade (HM) 8. Fresh(~) 9. Canned (C)

Flance Menu

by Chef Leroy

MAY 20 - MAY 24, 2024

MONDAY

Breakfast

WG Rice Chex
Peaches (B)

Lunch

Turkey & Swiss on WG Bun
Broccoli & Carrot Salad
Apples

Carrots (B)

Snack

Graham Crackers

TUESDAY

Breakfast

Sausage & Potatoes
WG Toast
Pineapples
Apples (B)

Lunch

WG Chicken Nuggets
Vegetable Rice
Pears
Peas & Carrots (*)

Snack

Apple Sauce Cups

WEDNESDAY

Breakfast

Cheese Eggs
WG Toast
Honey Dew Melon
Pears (B)

Lunch

WG Grilled Cheese
Fresh Garden Salad
Oranges
Broccoli (B)

Snack

Bug Bites

THURSDAY

Breakfast

WG Waffles & Berries
Applesauce (*)

Lunch

WG Beef Taco
Potato Tots
Pineapples
Mixed Vegetables (*)

Snack

Pears

FRIDAY

Breakfast

Toasted Oats
Oranges
Pears (B)

Lunch

WG Vegetable Pasta
Garlic Bread
Corn & Peppers
Melon Slices
Green Beans (B)

Snack

Trail Mix

MAY 27- MAY 31, 2024

MONDAY

Breakfast

WG Toast
Eggs
Pears (*)

Lunch

WG Three Cheese Pizza
Garden Salad
Fruit Cocktail
Peas (B)

Snack

Orange Cups

TUESDAY

Breakfast

Hash Browns
Sausage
WG Toast
Mixed Fruit (*)

Lunch

Chicken & Spaghetti
WG Roll
Mixed Vegetables
Apples
Carrots (B)

Snack

Cheese Crackers

WEDNESDAY

Breakfast

WG French Toast
Roasted Apples (*)

Lunch

WG Pesto Veggie Pasta
WG Garlic Bread Sticks
Broccoli
Diced Melon
Spinach (B)

Snack

Pineapples

THURSDAY

Breakfast

WG Toasted Oats
Bananas (*)

Lunch

Meatballs
WG Noodles
Creamed Spinach
Oranges
Peas & Carrots (B)

Snack

Pita Chips

FRIDAY

Breakfast

WG Waffles
Mixed Berries
Peaches (B)

Lunch

Cheeseburger on WG Bun
Sweet Potato Fries
Pineapples
Green Beans (*)

Snack

Watermelon Slices

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